
Continental JH/HS Athletic Department

www.continentalpirates.org/athletics

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Home of the Pirates

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Dear Parents and Students:

The Ohio High School Athletic Association and Continental High School require pre-participation physical evaluations to be completed on all student athletes before they are permitted to participate in any school-sponsored interscholastic athletics (also includes cheerleading and marching band).

All information pertaining to student physicals, along with a "checklist" to guide you through the pre-participation process is available along the right side of the athletic page of the school website (www.continentalpirates.org/athletics). Please read all of the information that is posted carefully and make sure to complete all items that are listed so that you do not miss a step in this important process.

This year, students/families will need to schedule and pay for their own physicals with their own health care provider. Most licensed medical professionals such as doctors, chiropractors, and nurse practitioners are able to conduct the physical and sign the physical form. If you have questions on if a provider can provide this service or not, I would encourage you to contact that provider.

All student physicals for the school year must be completed on the official OHSAA 2017-18 Pre-Participation Physical Form. **We will not be able to honor any physicals on any other forms, regardless of when they were administered.** The 2017-18 physical form is available in an electronic format or a paper/pencil version. Both versions are available for download on the athletic page of the school website.

Once the physical is complete, it is the responsibility of the student and/or parent to return the completed physical form to the school as soon as possible. You may turn in the completed physical and paperwork to your coach, the athletic director, or drop it off in the high school office. **NO STUDENTS ARE PERMITTED TO PARTICIPATE IN ANY SCHOOL-SPONSORED ATHLETIC CONDITIONING, PRACTICES, OR GAMES UNTIL COMPLETED PHYSICAL FORMS ARE TURNED IN TO THE OFFICE.**

If you wear contacts or glasses, please be sure to wear them to the appointment. **Parents/Guardians as well as students should also be sure to sign on every page where a signature is requested,** or else your physical is not considered complete.

If you have any questions or concerns, please do not hesitate to contact Mr. Eding at the phone number or email address that is listed above.

Sincerely,



Tim Eding
Athletic Director